

# Linking Social-Emotional Learning to Instructional Practices in an Urban Context

## A Mixed-Methods Study

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**GREAT TEACHERS & LEADERS**

at American Institutes for Research ■

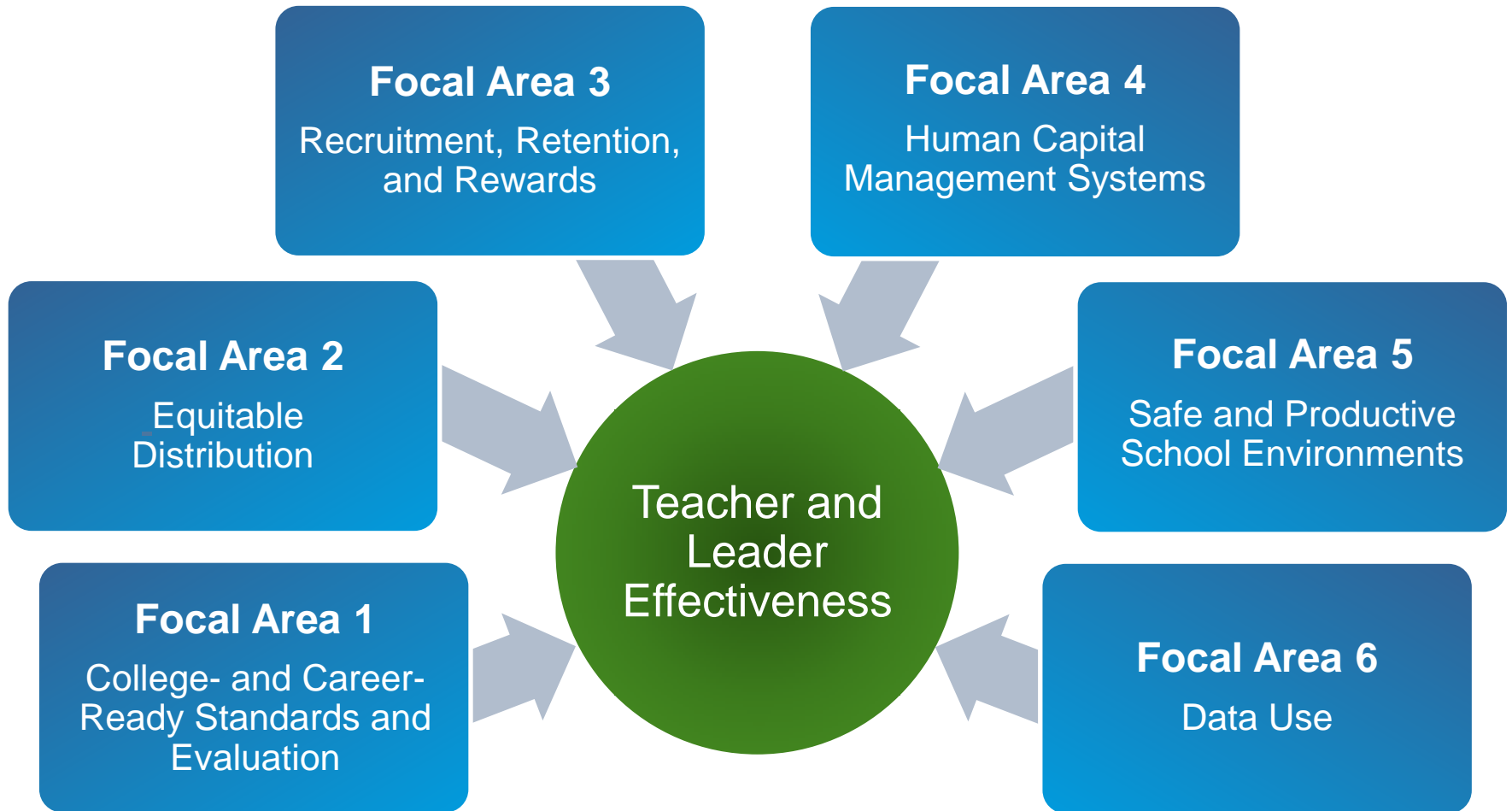


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# Focal Areas



# Overview

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- The issue
  - Social-emotional learning (SEL)
  - Classroom interactions
  - Social cognition
- Research questions
- Method
  - Study design
  - Participants in a multilevel structure
  - Measures in a multilevel structure
- Evidence
- Implications

# The Issue

- The current educational climate, particularly in urban schools, is focused on high-stakes tests.
- There are intended and unintended consequences of learning in a high-stakes testing environment.
- How do we get teachers to buy back into developing both social-emotional competencies (SEC) and academic competencies?
- It is critical to specify the instructional processes that impact students' social and emotional needs.



# Social-Emotional Learning

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- SEL is the educational process that focuses on SEC development.
- SECs are the skills, behaviors, and attitudes that individuals need to effectively manage their affective, cognitive, and social behaviors.
- There are five SECs: self-awareness, self-management, social awareness, relationship skills, and responsible decision making.
- Multiple positive benefits
  - Asking for help when needed, subject mastery, commitment to school, and problem solving
  - Decrease in problem behaviors

# Instructional Practices and SEL

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- SEL promotes three approaches to understanding the relationship between classroom processes and SEC development:
  - Direct instruction or interventions that focus on particular SECs
  - Integration of SEL within academic curriculum
  - Application of SEC through general pedagogical practices

# Research and SEL

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- Most research focuses on the direct effects of interventions.
- The research that focuses on general pedagogical practices focuses on specific practices, not a framework of instruction.
- Research is needed to examine the general classroom processes that relate to SEL.



# Classroom Interactions: Classroom Assessment Scoring System (CLASS)

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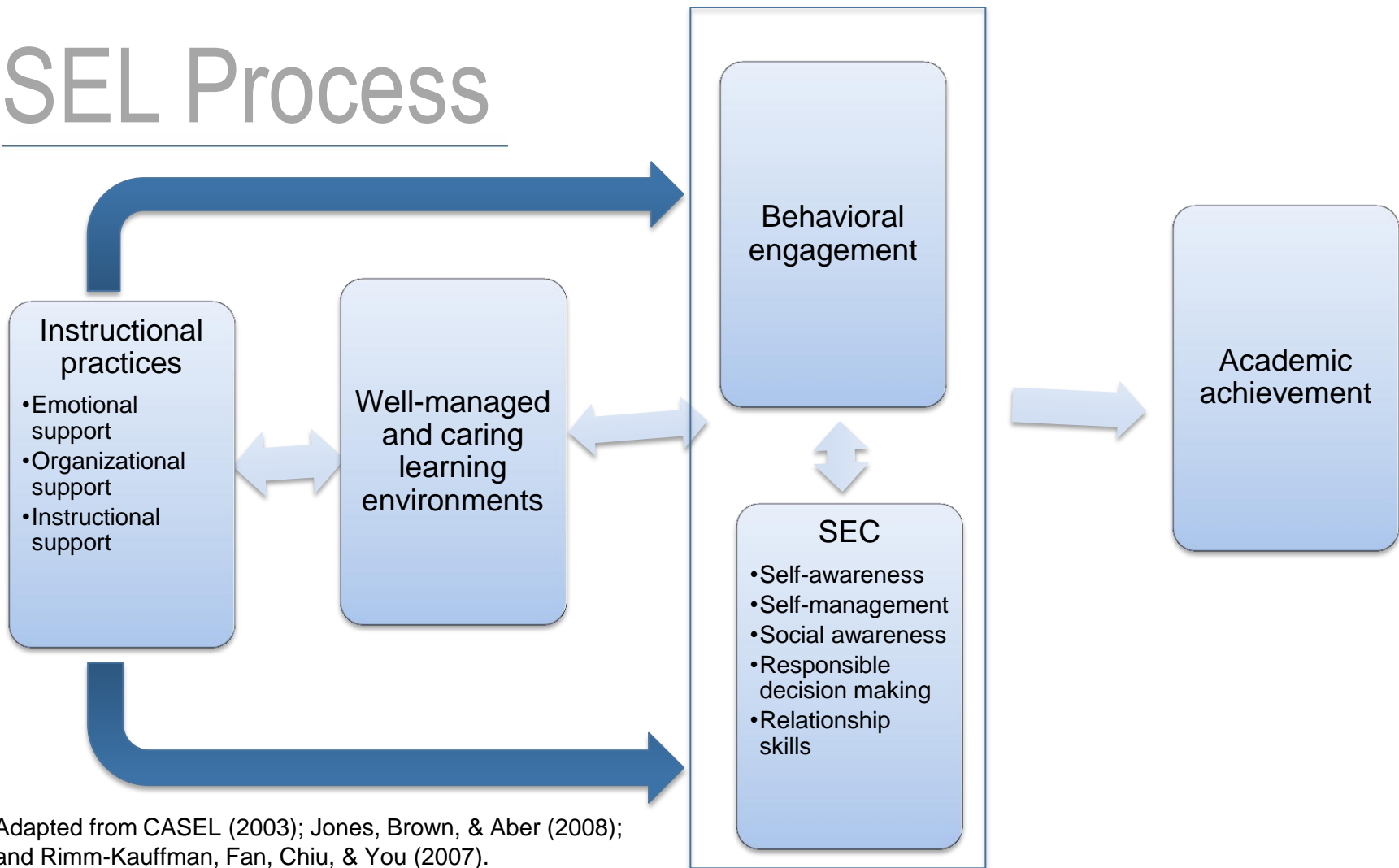
- CLASS is one of the only conceptualizations of practices that integrates social, emotional, and academic components in the classroom.
- CLASS is intended to bridge theory, measurement, and large-scale effects.
- CLASS incorporates three theoretically driven domains:
  - Emotional support (positive climate, negative climate, teacher sensitivity, and regard for adolescent perspectives)
  - Organizational support (behavior management, productivity, and instructional learning formats)
  - Instructional support (content understanding, analysis and problem solving, quality of feedback, and instructional dialogue)

# Classroom Interactions: Classroom Assessment Scoring System (CLASS)

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- More research with CLASS is needed with students in middle childhood and adolescence.
- Are these dimensions important for adolescent success?
- How do they relate to student academic skills and SEC?

# SEL Process



Adapted from CASEL (2003); Jones, Brown, & Aber (2008); and Rimm-Kauffman, Fan, Chiu, & You (2007).

# Research Questions

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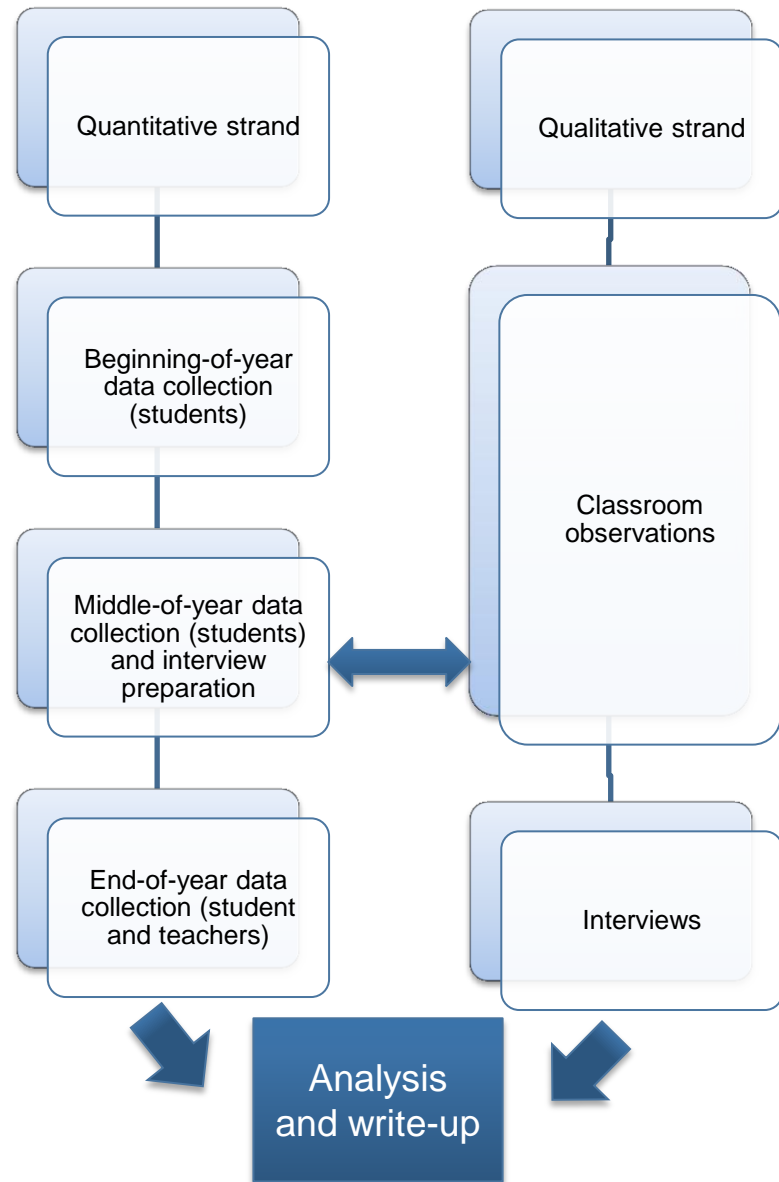
- **Study aim 1:** To examine the relationship between instructional practices and student social, emotional, and cognitive development.
  - RQ 1: What is the relationship between **student perceptions** of instructional practices and student perceptions of classroom climate, SEC, behavioral engagement, and academic achievement?
  - RQ 2: What is the relationship between an **outside observer's perceptions** of instructional practices and student perceptions of classroom climate, SEC, behavioral engagement, and academic achievement?
  - RQ 3: What is the relationship between student perceptions of classroom climate and an outside observer's perspective of instructional practices?

# Study Design

- A mixed-methods study is needed because the research questions require multiple informants and multiple types of measurement.
- Mixed methods begin to move away from prototypical social science research, rejecting the notion that a singular “truth” can be discovered with the scientific method.
- A multiphase research design incorporates multiple strands based on the research aim.



# Study Design



# Participants in a Multilevel Structure

- Twenty-one classrooms from two schools in Chicago
  - Fourth–eighth graders
    - Four classes per grade, except fifth grade
    - Focused on first-period classes on Mondays (13 English language arts, four mathematics, two science, and two social studies classes)
  - Teacher characteristics
    - 62 percent female
    - 43 percent white
    - Mean age: 35.56 years
    - Mean time at current school: 3.05 years (range 1–8 years)



# Participants

- Students ( $n = 228$ )
  - 94.6 percent African American
  - 48.7 percent female
  - Age: mean = 11.03 years (range 9–14 years)
  - Fourth and fifth graders:  $n = 107$ ; sixth–eighth graders:  $n = 121$





# Measures in a Multilevel Structure: Classroom Level

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## ■ CLASS-S observations

- There were six to eight observational cycles for 19 teachers (live coding).
  - Scale was from 1 (*minimally characteristic*) to 7 (*highly characteristic*).
- Scores were averaged across the school year for each dimension and domain.
  - All instructional practices
    - Emotional support
    - Organizational support
    - Instructional support

# Measures in a Multilevel Structure: Student Level

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## **Beginning of Year (BOY; August 2011)**

- Classroom climate (five-point scale):
  - Classroom misbehavior
  - Student-teacher relationships
  - Peer academic and social support
- Behavioral engagement

# Measures in a Multilevel Structure: Student Level

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## Middle of Year (February 2012)

- Student report of instructional practices (Downer & Stuhlman, 2010)
  - Scale: 1 = never; 2 = one to two times per quarter; 3 = one to two times per month; 4 = one to two times per week; and 5 = almost daily
    - All instructional practices (48 items,  $\alpha = .94$ )
    - Emotional support (17 items,  $\alpha = .89$ )
    - Organizational support (13 items,  $\alpha = .78$ )
    - Instructional support (18 items,  $\alpha = .88$ )

# Measures in a Multilevel Structure: Student Level

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## End of Year (EOY; May 2012)

- Academic achievement (student reported)
  - Scale was from 1 (*mostly F's*) to 8 (*mostly A's*).
- Academic aspirations
  - Scale was from 1 (*some high school*) to 7 (*get a professional degree*).
- Classroom climate (same constructs as beginning of year)

# Measures in a Multilevel Structure: Student Level

## End of Year (student and teacher report of SECs)

- Self-awareness + social skills improvement system (SSIS)
  - Scale was from 1 (*never*) to 4 (*almost always*).

Self-awareness	
Social awareness	•Empathy and assertion
Self-management	•Self-control
Relationship skills	•Communication, cooperation, and engagement
Responsible decision making	•Responsibility

# RQ 1: Relationship Between Student Perceptions of Practices and Student Outcomes (Climate, SECs, Engagement, and Achievement)

## ■ Student perceptions of instructional domains predict student outcomes in different ways.

- Emotional support predicts achievement and student-teacher relationships.
- Organizational support predicts behavioral engagement and student-teacher relationships.

	Achieve	Engage	Relation— EOY	Mis-behave— EOY	Peer Support— EOY
Student-level predictor					
Emotional support	0.20 <sup>†</sup>	0.11	0.45***	-0.07	0.10
Organizational support	-0.08	0.29**	0.18*	-0.09	0.00
Instructional support	0.07	-0.01	-0.06	0.02	0.10
Proportion of individual-level variance explained	9.20%	19.80%	22.50%	12.10%	20.90%
<sup>†</sup> $p < .10$ . * $p < .05$ . ** $p < .01$ . *** $p < .001$ .					

# RQ 1: Relationship Between Student Perceptions of Practices and Student Outcomes (Climate, SECs, Engagement, and Achievement)

- Student perceptions of instructional domains predict student outcomes in different ways.
  - Emotional support predicts the average of social skills, as reported by teachers and students.
  - Organizational support predicts the average of social skills, as reported by teachers.
  - Instructional support predicts self-awareness, as reported by students.

	Self-aware— Student	Self-aware— Teacher	SSIS, All— Student	SSIS, All— Teacher
Student-level predictor				
Emotional support	-0.08	0.09	0.24*	0.27*
Organizational support	0.18	0.14	0.07	0.23*
Instructional support	0.24**	0.08	0.17	-0.05
Proportion of individual-level variance explained	14.00%	22.80%	19.30%	29.20%
† $p < .10$ . * $p < .05$ . ** $p < .01$ . *** $p < .001$ .				

# RQ 2: Relationship Between Observer Perceptions of Practices and Student Outcomes (Climate, SECs, Engagement, and Achievement)

## ■ Classroom observations predict student outcomes.

- Negatively predict academic achievement
- Positively predict aspirations and student-teacher relationships
- Negatively predict classroom misbehavior

	Achieve	Aspiration	Student-Teacher Relationships—EOY	Misbehave—EOY
Classroom-level predictor				
Instructional practices—All	-0.14*	0.17*	0.17*	-0.17 <sup>†</sup>
Proportion of between-classroom variance explained in outcome	46.60%	47.80%	23.70%	9.90%

*Note.* Model uses only 19 classrooms, compared with 21 classrooms in another analysis.

<sup>†</sup> $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .



# RQ 3: Relationship Between Student Perceptions of Practices and Observer Perceptions of Practices

- Between-classroom variation is 23.5 percent to 32.9 percent in student perceptions of instructional domains.
- The between-classroom variation in each instructional domain appears to be led by one instructional dimension.

	Reliability	ICC	Between-Group Variation Chi Squared
Instructional practices—all	0.83	32.90	119.34***
Emotional support	0.82	31.70	111.00***
Positive climate	0.84	34.30	132.23***
Negative climate (rev)	0.57	11.70	46.67***
Teacher sensitivity	0.75	23.30	80.16***
Regard adolescent perspective	0.74	22.90	83.09***
Organizational support	0.77	25.60	90.95**
Behavior management	0.43	6.90	36.52**
Productivity	0.83	33.80	116.56***
Instructional learning format	0.74	22.20	83.50***
Instructional support	0.75	23.50	86.78***
Content knowledge	0.84	34.90	130.66***
Analysis and problem solving	0.58	12.20	51.53***
Quality feedback	0.65	15.60	60.50***
Instructional dialogue	0.60	12.70	51.01***

<sup>a</sup> All cases included.

<sup>†</sup>  $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

# RQ 3: Relationship Between Student Perceptions of Practices and Observer Perceptions of Practices

- Classroom observations explain some of the between-classroom variance in student perceptions of instructional domains.
- The emotional support dimension predicts student perceptions of each instructional domain.

	Student Perceptions as Outcome Variables			
	All Instructional Practices	Emotional Support	Organization Support	Instructional Support
Classroom-level predictor				
Emotional support (Obs)	.56*	.55*	.37 <sup>†</sup>	.49*
Organizational support (Obs)	-.29	-.30	-.24	-.21
Instructional support (Obs)	-.02	-.02	.03	-.03
Proportion of between-classroom variance in outcome explained	21.40%	15.60%	0%	43.30%

<sup>a</sup> Cases with 19 classrooms included. Students:  $n = 200$ .  
<sup>†</sup>  $p < .10$ . \*  $p < .05$ . \*\*  $p < .01$ . \*\*\*  $p < .001$ .

# What Did We Learn?

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- Do student perceptions matter?
  - Yes! CLASS-S domains relate to student outcomes in different ways.
- Do student perceptions and observer perceptions relate to each other?
  - Some do! Emotional support is most predictive of student perceptions across domains.
- Do observer perceptions matter?
  - Not as much. They explain some of between-classroom variation for achievement and climate but not SECs.

# Implications: What Does This Mean for Teaching and Learning?

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- Provides teachers with useful information about the connection between good pedagogy and SEL.
- Student perceptions matter.
  - There was more within-classroom variability in student perceptions of practices than between-classroom variability.
- There is a need to focus on specific domains for particular outcomes.

# Limitations

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- Why did observer perceptions not matter for SEC?
  - Low sample, particularly at level 2
  - For observations, looked at average of instructional practices
  - One rater in classrooms
  - Little between-classroom variation in many SECs
- Correlational study

# Future Directions

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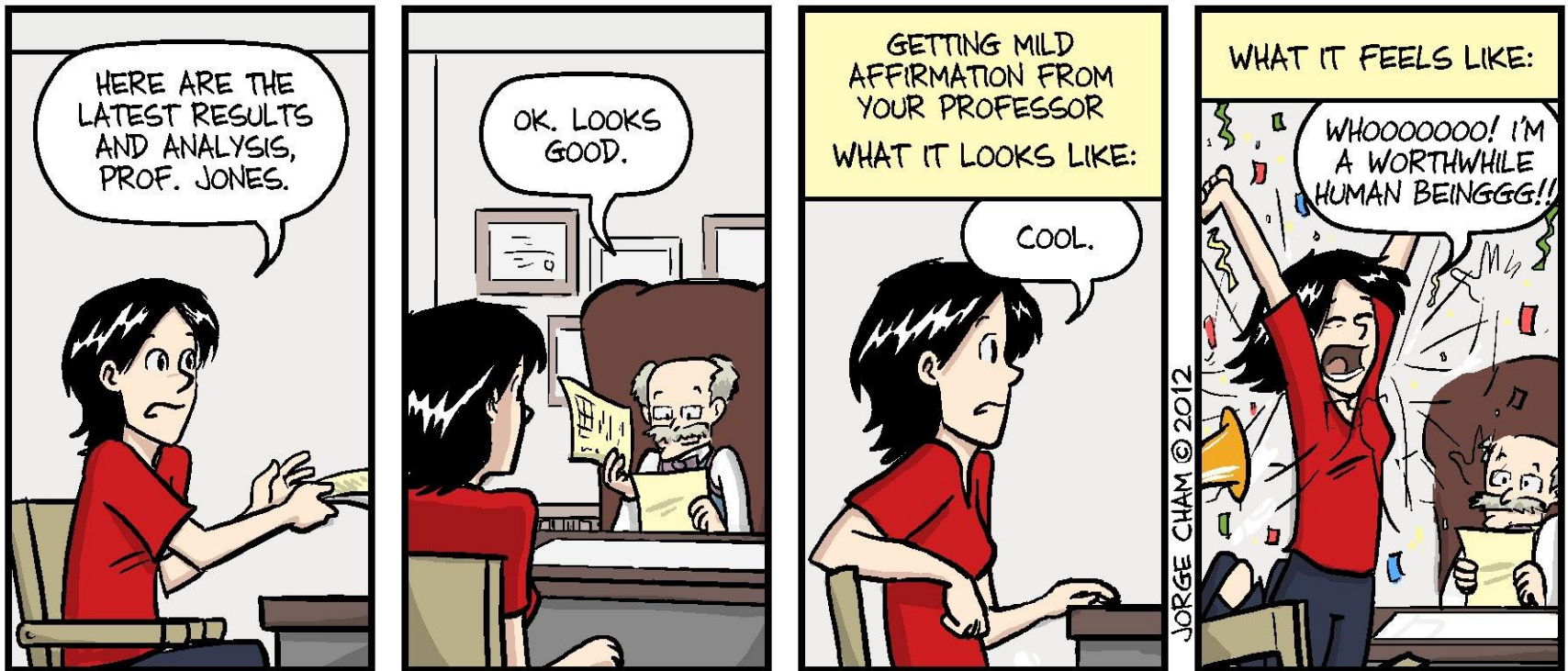
- Be more specific about how students perceive instructional practices similarly and differently from observers.
  - What are students thinking about when they are answering these reports of instructional practices?
- How are teachers interacting with specific students to influence their perceptions?
  - What is happening with individual students to explain within classroom variability?
- How are teachers thinking about this framework?

# Summary

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- We began by stating the importance of focusing on SEL and the development of SEC.
- I hope this research expands on understanding classroom processes that predict SEC and provides one form of evidence that can engage teachers in the work of SEL.
- Thank you!

# Questions?



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# Additional Data Analysis

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# RQ 1: Relationship Between Student Perceptions of Practices and Student Outcomes (Climate, SECs, Engagement, and Achievement)

	Achieve	Engage	Relationships —BOY	Relationships —EOY	Misbehavior— BOY	Misbehavior— EOY	Peer Support— BOY	Peer Support— EOY
Intercept	0.24 <sup>†</sup>	'0.04	-0.14	0.14	0.29	'0.22	'0.10	'0.04
<i>Student-level predictor</i>								
Charter school	-0.19	'0.21	0.23	-0.10	-0.46 <sup>†</sup>	-0.35	'0.00	-0.13
Female	-0.28*	-0.31**	0.02	-0.18	0.04	-0.08	-0.22	-0.02
Age	-0.19**	-0.14 <sup>†</sup>	-0.24**	-0.14 <sup>†</sup>	-0.09	'0.08	-0.01	'0.10
Emotional support	0.20 <sup>†</sup>	'0.11	0.36**	0.45***	-0.11	-0.07	'0.06	'0.10
Organizational support	-0.08	0.29**	-0.01	0.18*	-0.07	-0.09	-0.14	'0.00
Instructional support	'0.07	-0.01	-0.08	-0.06	-0.14 <sup>†</sup>	'0.02	0.19*	'0.10
<i>Classroom-level predictor</i>								
	—	—	—	—	—	—	—	—
<i>Variance components</i>								
Chi-square estimates of between-classroom variation in outcome	32.80*	35.45*	40.00**	51.41***	130.19***	134.81***	50.09***	45.34***
Proportion of individual-level variance explained	9.20%	19.80%	11.10%	22.50%	8.50%	12.10%	11.50%	20.90%

<sup>†</sup> $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

# RQ 1: Relationship Between Student Perceptions of Practices and Student Outcomes (Climate, SECs, Engagement, Achievement)

	Self-aware— Student	Self-aware— Teacher	SSIS, All— Student	SSIS, All— Teacher	Empathy— Student	Empathy— Teacher
Intercept	'0.34**	-0.09	0.38**	'0.07	'0.48***	'0.20
<i>Student-level predictor</i>						
Charter school	-0.38*	0.37*	-0.34**	'0.21	-0.34**	'0.01
Female	-0.33*	-0.22	-0.43**	-0.36**	-0.63***	-0.48***
Age	-0.11†	'0.06	-0.10*	'0.03	-0.09†	'0.02
Emotional support	-0.08	'0.09	0.24*	0.27*	'0.14	0.30*
Organizational support	'0.18	'0.14	'0.07	0.23*	'0.03	'0.15
Instructional support	0.24**	'0.08	'0.17	-0.05	0.17*	-0.03
<i>Classroom-level predictor</i>						
—	—	—	—	—	—	—
<i>Variance components</i>						
Chi-square estimates of between-classroom variation in outcome	30.02†	50.84***	28.67†	103.99***	24.40	76.60***
Proportion of individual-level variance explained	14.00%	22.80%	19.30%	29.20%	17.80%	24.10%

† $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

# RQ 1: Relationship Between Student Perceptions of Practices and Student Outcomes (Climate, SECs, Engagement, and Achievement)

	Assertion— Student	Assertion— Teacher	Self-control— Student	Self-control— Teacher	Comm— Student	Comm— Teacher
Intercept	0.43**	'0.08	'0.09	-0.04	0.23*	-0.02
<i>Student-level predictor</i>						
Charter school	-0.33**	-0.10	-0.30**	'0.23	-0.14	'0.28
Female	-0.53**	'0.00	'0.11	-0.17	-0.31*	-0.26**
Age	-0.04	'0.06	'0.01	'0.09	-0.10†	'0.02
Emotional support	'0.10	-0.16	0.22†	0.32**	0.19†	0.26**
Organizational support	-0.19†	'0.04	'0.07	0.22*	0.23*	0.19†
Instructional support	0.29**	0.14†	'0.05	-0.13*	'0.07	-0.04
<i>Classroom-level predictor</i>						
	—	—	—	—	—	—
<i>Variance components</i>						
Chi-square estimates of between-classroom variation in outcome	18.09	105.94***	20.65	89.93***	19.84	109.22***
Proportion of individual-level variance explained	12.90%	22.00%	11.20%	25.70%	16.10%	26.50%

† $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

# RQ 1: Relationship Between Student Perceptions of Practices and Student Outcomes (Climate, SECs, Engagement, Achievement)

	Cooperate— student	Cooperate— teacher	Engage— student	Engage— teacher	Responsibility— student	Responsibility— teacher
Intercept	0.22 <sup>†</sup>	'0.15	'0.38***	-0.05	0.24*	0.08
<i>Student-level predictor</i>						
Charter school	-0.14	'0.12	-0.52***	0.43 <sup>†</sup>	-0.10	0.23
Female	-0.29*	-0.42***	-0.26*	-0.30**	-0.37***	-0.40***
Age	-0.09	'0.01	-0.15***	0.05	-0.06	0.04
<b>Emotional support</b>	0.23*	0.27*	'0.12	0.15	0.20*	0.36**
<b>Organizational support</b>	0.23**	0.27**	-0.03	0.11	0.16	0.25*
<b>Instructional support</b>	-0.04	-0.12 <sup>†</sup>	'0.25*	0.06	0.05	-0.10
<i>Classroom-level predictor</i>						
—	—	—	—	—	—	—
<b>Variance components</b>						
Chi-square estimates of between-classroom variation in outcome	37.90**	53.07***	13.69	110.40***	34.03*	44.54***
Proportion of individual-level variance explained	14.80%	27.60%	14.50%	20.30%	17.90%	25.60%

<sup>†</sup> $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .

# RQ 2: Relationship Between Observer Perceptions of Practices and Student Outcomes (Climate, SECs, Engagement, and Achievement)

- Classroom observations predict student outcomes.
  - Negatively predict academic achievement
  - Positively predict aspirations and student-teacher relationships
  - Negatively predict classroom misbehavior

	Achieve	Aspiration	Student-Teacher Relationships—EOY	Misbehave—EOY
Intercept	0.29*	0.11	0.23	0.17
Student-level predictor				
Charter school	-0.23 <sup>†</sup>	0.00	-0.12	-0.31
Female	-0.35*	-0.27*	-0.28 <sup>†</sup>	-0.12
Age	-0.26***	0.11	-0.06	0.00
Classroom-level predictor				
Instructional practices—All	-0.14*	0.17*	0.17*	-0.17 <sup>†</sup>
Variance components				
Chi-square estimates of between-classroom variation in outcome	20.13	21.42	28.26*	80.55***
Proportion of between-classroom variance explained in outcome	46.60%	47.80%	23.70%	9.90%

Note. Model uses only 19 classrooms, compared with 21 classrooms in another analysis.

<sup>†</sup> $p < .10$ . \* $p < .05$ . \*\* $p < .01$ . \*\*\* $p < .001$ .